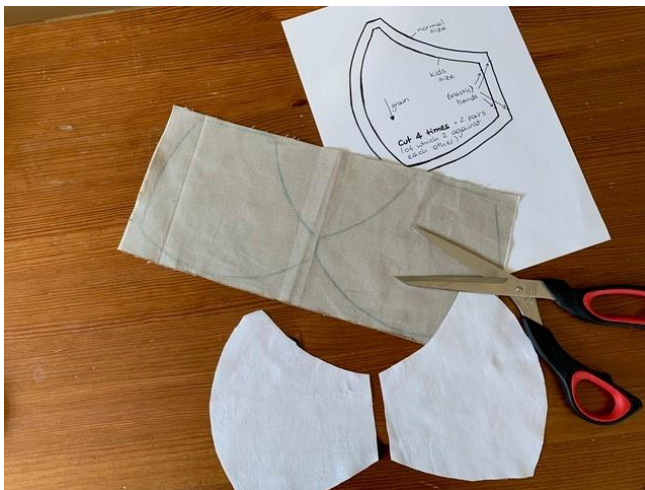


Sewing instruction for a mask

This reusable surgical mask is completely homemade, it is neither tested nor certified. It only serves as a reasonable alternative if no certified surgical masks are available during pandemic events.

It is pointed out that the valid hygiene regulations of the respective national authority must be followed in any case.

Step 1: cut out the needed pieces of cotton (see according template)



Step 2: sew the first seam (sewing the curve) at the two pairs of cut-outs (with right sides facing) and cut the seam allowance with a zigzag scissors



Step 3: iron the unfolded first seam



Step 4: put both parts together with right sides facing



Step 5: pin both parts together with right sides facing and sew along the marked line



Step 6: turn the right side out and iron out to get the correct form of the mask. Iron a hem of 1 cm into the inner part at both sides. Cut 4 parts of 18 cm of elastic band.



Step 7: insert the elastic band at each corner of your mask.



Step 8: sew / stitch around the whole mask and care for a good fixing of the elastic bands. Your mask is finished now and can be painted with edding textile markers.

